

# Welcome to Cheyenne Fronterrors Junior Roller Derby!



In the pages to follow is an information packet for you to check out and fill out. Our monthly dues are \$25 a month. This includes all practices and skating training by our coaching staff and discounted rates of only \$2 when you skate at other Roller City skating public events.

After your child's first "trial" month to make sure derby is the right fit, dues are due by the 5<sup>th</sup> of every month. Dues can be paid in person via cash or check made to "Cheyenne Roller Derby" and given to either the Junior's Coach or the league's Financial Coordinator. You can also use the Venmo phone app/website ([www.venmo.com](http://www.venmo.com)) or PayPal ([www.paypal.com](http://www.paypal.com)) to pay electronically to *CheyenneRollerDerby@gmail.com*.

We start off with basic skating skills and build to derby skills, so not knowing how to skate is fine: we will teach your child. The goal is to create a safe, fun, and positive place where kids of every size and body type can develop leadership skills, self-confidence, and teamwork skills while improving overall fitness through the awesome sport of flat track roller derby!

You can borrow skates, pads, and helmets from us if you want to make sure derby is for you before buying lots of gear. We just require you to get WFTDA insurance and have a mouth guard to start practicing.

We recommend a SISU mouthguard ([www.sisuguard.com](http://www.sisuguard.com)) and you can buy them online or visiting Skate Ratz in Loveland to try on gear, skates, and buy accessories ([www.sk8ratz.com](http://www.sk8ratz.com)). Be sure to tell them you are a Cheyenne Fronterror and he'll give you a discount. Roller City will match if not beat the deals at Skate Ratz, so talk to Boom Boom Becky about what your kid needs.

Some basic info on our league:

- We play roller derby under the WFTDA rules ([www.wftda.com](http://www.wftda.com)). The full rules are online. You can watch derby games online at ([www.wftda.tv](http://www.wftda.tv)) for free as well!
- We require a sports insurance policy through WFTDA for all our skaters which costs only \$40 per year.
- Monthly dues are \$25 a month, but we waive the first month's dues to help offset the cost of the annual insurance.
- Practices are Tuesdays and Thursdays 5:45-6:45 PM

Our League depends on its skaters, Non Skating Officials, Referees, and volunteers to make what we do happen. We need dedicated and committed people to practice, play and win. We all thank you for your interest and hopefully you will be joining us very soon! If you have further questions, please feel free to contact our JR Derby Coordinator: Sin-a-Sista (Tara Grube).

# WFTDA Skater Insurance

The WFTDA is proud to offer insurance coverage to junior leagues. Coverage options include general liability and personal accident coverage. Junior flat track leagues operating in the United States may purchase insurance coverage through WFTDA Insurance. Leagues electing this coverage must comply with the WFTDA Safety Protocol and age requirements.

WFTDA insurance coverage includes:

- General liability coverage for \$2 million, per league
- Excess liability coverage for \$5 million, aggregate, per league
- Property damage for \$1 million
- Personal Accident coverage:
  - \$1,500 deductible for skaters with primary insurance
  - \$7,500 deductible for skaters without primary insurance
  - \$10,000 maximum

The WFTDA strongly recommends that skaters also carry their own primary medical insurance. Personal accident coverage through WFTDA Insurance is intended to supplement primary medical coverage, NOT replace it.

Personal accident coverage is available at a cost of \$40 per person, annually. General liability coverage may be purchased for \$250. The paperwork is minimal and there are no other insurance fees—no sanction fees, no charter fees, no late fees, no transfer fees! Leagues are provided with up to ten certificates of insurance at no cost. Additional certificates may be purchased for \$5 per certificate.

Junior roller derby coverage information may be obtained by emailing [insurance@wftda.com](mailto:insurance@wftda.com). If you have any questions concerning coverage, contact [insurance@wftda.com](mailto:insurance@wftda.com)

WFTDA has insurance reciprocity agreements with JRDA, MRDA, USA Roller Sports (USARS), Canadian Women's Roller Derby Association (CRDI), and Roller Sports Canada (RSC) if RSC members purchase travel insurance. If you host a USARS skater or league, USARS requires that events be sanctioned through USARS in order for their insurance coverage to be in effect. If you host a league with WFTDA insurance, JRDA, MRDA, CRDI, or RSC, no further action is required in order for the event to be insured.

# HEALTH REGISTRATION/ EMERGENCY CONTACT

Legal Name: \_\_\_\_\_ Birth date: \_\_\_\_\_  
Last First

Parent/Guardian's Names: \_\_\_\_\_

Address: Home Phone: \_\_\_\_\_

Dad / Mom's Work Phone: \_\_\_\_\_

Dad / Mom's Cell Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

Doctor or Clinic: \_\_\_\_\_ Phone: \_\_\_\_\_

**\*Please attach a copy of Primary Insurance card (Front & Back)**

Does the League Member have ...	No	Yes	Does the League Member have...	No	Yes
ADD / ADHD? circle one			Emotional Concerns?		
Allergies? List: below			Epilepsy Seizures		
Anaphylactic Allergy?			Hearing Problems?		
Anemia?			Heart Problems?		
Asthma? List Triggers Indicate: Mild, Moderate, or Severe			Vision Problems?		
Bladder Problems?			Contacts?		
Bowel Problems?			Glasses?		
Dental Problems?			Depression or Anxiety? Circle One		
Has the league member ever had a serious injury?			Diabetes? *Are there any other concerns list below?		

If the answer to any of the above is YES, please explain.

If the answer to any of the above is YES, has the league member ever visited the emergency room or hospital for this condition? Please explain:

Does the league member take medication of any kind? If yes, please explain

*\*The league, at its discretion, may determine it is a safety risk for your child to participate with the Cheyenne Fronterrors.*

## PARENTAL AUTHORIZATION / MEDICAL RELEASE

I, parent or legal guardian, of **(league member's name)** \_\_\_\_\_ hereby give authorization for participation in any and all Junior Roller Derby Association League activities. I hereby grant permission to managing personnel and league representatives to authorize and obtain medical care from any licensed physician, hospital or medical clinic, should the skater become ill or injured while participating in league activities when neither parent nor legal guardian is present to grant authorization for immediate treatment. I assume all risks and hazards incidental to such participation, including transportation to and from league activities, and do hereby waive, release, indemnify and agree to hold harmless the JRDA and any Junior League and its agents, assigns, representatives, officers and employees from any and all claims arising out of the skater's participation in any and all league activities.

**I HAVE READ AND UNDERSTAND THE HEALTH REGISTRATION FORM AND PARENTAL AUTHORIZATION / MEDICAL RELEASE. I VERIFY THAT I HAVE COMPLETED THIS FORM AND THAT THE INFORMATION PROVIDED IS TRUE AND CORRECT. I FURTHER AGREE TO ABIDE BY THE RULES/GUIDELINES SET FORTH BY MY REGIONAL JUNIOR ROLLER DERBY LEAGUE.**

Signature of League Member: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name (Legal Name): \_\_\_\_\_

Signature of Parent / Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name (Parent / Guardian): \_\_\_\_\_

PLEASE LIST BELOW ANY MEDICAL INFORMATION OR CONDITION WHICH MAY BE RELEVANT TO THE CARE AND TREATMENT (EMERGENCY OR OTHERWISE) OF THE CHILD.

# Skater Behavioral & Anti-Bullying Policy

By signing below I hereby agree that:

1. I understand that this is a community league that will offer competitive teams with varying skills, and I must pass a skills test and assessment prior to moving to a new level or being placed onto a team.
2. I will learn the rules of the game of roller derby per the most current WFTDA standards.
3. I will do my best to attend every practice and game, and I will give sufficient notice to my coach if I will be absent or late.
4. I will listen and learn from my coaches and other league members.
5. I will treat my coaches, other league members, officials, and fans with respect and good sportsmanship regardless of race, sex, creed, or abilities.
6. I will lead by example and demonstrate good sportsmanship with fellow skaters, coaches, officials, parents, and other attendees at every game and practice.
7. I will not engage in any behavior which would endanger the health, safety, or well-being of coaches, parents, league members, officials, or any other attendees.
8. I will not use drugs, alcohol, or tobacco and will report any teammates doing so.
9. I will not engage in the use of profanity, verbal or physical threats, or any abuse aimed at coaches, parents, league members, officials, or any other attendees.
10. I understand that there is a zero-tolerance policy for negative remarks/comments regarding any roller derby league, team, or skater.
11. I understand that compassion, tolerance, and communication are of the utmost importance for building a team and achieving excellence.
12. I will ask for help when I need it and not resent skaters of greater ability.
13. I will serve as a leader/mentor to skaters of lesser abilities and always encourage them.
14. I deserve to have fun and be safe during my sports experience and will tell parents or coaches if I feel this is no longer the case.
15. I recognize the importance of school and will not allow my derby commitment to interfere with my academic success.

If I fail to abide by the above behavioral policies, I will be subject to disciplinary action that could include, but is not limited to, a verbal warning, written warning, skating suspension, or expulsion from the league. Written documentation of all disciplinary actions will be kept on file.

Signature of League Member: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Legal Name: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name of Parent/Guardian: \_\_\_\_\_

**RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK,  
AND INDEMNITY AGREEMENT ("AGREEMENT")**

IN CONSIDERATION of being permitted to participate this date, in any way, at any time, in junior roller derby ("Activity"), I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. **ACKNOWLEDGE**, agree, and represent that I understand the nature of this Activity, and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if, at any time, I believe the conditions to be unsafe, I will immediately discontinue further participation in this Activity.

2. **FULLY UNDERSTAND** that: (a) THIS ACTIVITY INVOLVES RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("Risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS or SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation, in the Activity.

3. **HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE** the sanctioning organization(s), their administrators, directors, agents, officers, members, volunteers, and employees, other participants, officials, rescue personnel, sponsors, advertisers, owners and lessees of Premises on which the Activity is conducted, (each of the forgoing shall be considered one of the RELEASEES herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED, OR ALLEGED TO BE CAUSED, IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the RELEASEES, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may be incurred as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it, and have signed it freely and without any inducement or assurance of any nature, and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Participant

**CHEYENNE ROLLER DERBY**  
\_\_\_\_\_  
League Name

**PARENTAL CONSENT**

AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of any such claim.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Printed Name of Parent/Guardian

\_\_\_\_\_  
Printed Name of Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date